Carolina Country

August 1978

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Welcome Aid For Perplexed Consumers

Some help is finally on the way for American motorists who've repeatedly found themselves in a head-scratching quandary when it's time to buy automobile tires.

Until now, they've had no guidance whatsoever in sorting out the claims of various tire manufacturers for their sundry products. So many styles and features are available that they offer consumers a bewildering choice.

Tire ads are no help, with their intricate drawings of belts, cords, special tread designs and other features that go into a tire. What does it all mean? Will it make the tire last longer in normal road use than the discounted special from a competitor?

And the names of the various styles do little more than distinguish one from another since they're often simply image-building titles designed to lure the buyer to a particular brand. Will Brand X's "Super Dooper," give better traction than Brand Y's "Nifty Thrifty?"

Does Brand X's "King Kong" perform better at high speeds than its "Moby Dick?" Is that alone the reason for the former's higher price tag? The consumer has nowhere to turn for impartial answers to questions like these.

Editorials

The National Highway Traffic Safety Administration is stepping into this muddled situation to establish a tire grading system that will give consumers a guide to "the best tire for the money," according to agency officials.

"When this standard goes into effect the consumer will be better equipped to compare quality and price among competing tire brands," said Joan Claybrook, the agency's director.

The plan will rate passenger car tires on expected treadwear, traction and temperature resistance. It goes into effect next year for bias-ply and bias-belted tires, with radials to be added at a later date.

The treadwear grade will be a numerical sequency — 80, 90, 100, 110, 120, 130, 140, 150 and 160 — with the highest number giving the greatest mileage when driven under the same conditions. It will not specify the actual mileage the buyer can expect from a given tire, but will rate the relative tread life compared to other types or brands of tires.

The program is expected to cost about $46 million a year, which will be passed on to consumers at the rate of about 23 cents per tire for the 200 million bought in the U.S. each year.

The tire manufacturers are predictably opposed to the standard, claiming the government isn't equipped technologically to test tires fairly and that the figure for the program's cost is far too low.

Obviously, there's the potential for problems in setting up any comparative grading system of this kind — and any testing program would be open to possible abuses. Still, it'll be the only guide available to the wise buyer who's trying to make his tire dollar go as far as possible amid spiraling inflation.

We believe he'll gladly pay the tab in order to have such a guide. □

The Passing Scene

• If mowing the lawn isn't your favorite form of recreation (as it isn't ours), you may find some comfort in knowing there's a national organization hard at work these days campaigning to abolish lawnmowers. It's a project of the Fruitarian Network, an organization based in Maryland.

Why abolish lawnmowers? Because, says the group's brochure, mowing wastes fuel, removes air-purifying greenery, causes 55,000 human accidents each year. And because an uncut lawn protects the water table by storing water, helps prevent erosion, and can become wildlife habitats.

Also, mowing "wastes billions of hours of human energy."

Amen to that!

• Pacific Mutual Life Insurance Co. is taking an interesting approach to reducing energy use in its new 19-story Northern California headquarters building, now under construction in San Franscisco. The firm expects to reduce energy use in the structure by 15 to 20 percent as a result of one major design feature: the windows can be opened.

My, my, what will they think of next? □

Carolina Country

Read Monthly In More Than 270,000 Homes
Vol. 10 No. 6 June 1978

Official Publication
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Carolina Country (formerly *The Carolina Farmer*) is published monthly by North Carolina Association of Electric Cooperatives, Inc. Second class postage paid at Richmond, Va. 23219. Editorial Offices, P.O. Box 27306, Raleigh, N.C. 27611. *Carolina Country* is a registered trademark of North Carolina Electric Membership Corporation. Postmaster send form 3579 to P.O. Box 27306, Raleigh, N.C. 27611. EMC group subscriptions, 82 cents a year, individual $1.50. Address all mail to CAROLINA COUNTRY, P.O. Box 27306, Raleigh, N.C. 27611.

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22 The Nuclear Power Hassle

COVER—Noted North Carolina photography enthusiast Hugh Morton of Linville snapped this dramatic shot of Grandfather Mountain, with son Jim Morton as his red-sweatered model. We're grateful to the Division of Travel and Tourism of the State Department of Commerce for granting permission for our use of the photo.

rural electric Notebook

STATEWIDE SURVEY UNDERWAY

About 1,200 EMC consumer-members across North Carolina will be interviewed in a statewide survey now being conducted by the state EMC organization. Local EMC employees and volunteers, including members of some co-op women's organizations, will conduct the interviews in the homes of randomly selected members.

"In this survey, we'll be gathering information about the power use patterns of our members that'll be useful in planning for our power supply needs in the future," said Patricia Williams, staff engineer for North Carolina EMC and survey coordinator.

"It'll also give us a reading of the members' attitudes toward conservation and load control programs. In addition, it may suggest some areas where we need to develop educational materials for the consumer."

AN AIR FORCE VICTORY

Federal Judge John D. Larkins, Jr. has upheld the federal government's condemnation of 45,150 acres in Dare County for a bombing range, and dismissed objections by First Colony Farms Inc., which had planned to mine peat bogs on the land. He rejected the company's claim that the forced sale of the land last December for $6.8 million was illegal and arbitrary. First Colony can seek additional compensation in another trial.

The Air Force had leased the tract for bombing and gunnery practice since 1964. First Colony had said the land contains about a third of the peat deposits it had intended to mine for use of fuel in a power plant.

North Carolina Electric Membership Corporation is currently studying the feasibility of building a peat-fired plant in Northeastern North Carolina to serve the EMCs in that area.

POWER SUPPLY PROBLEMS

The availability of power and the effect of continuing increases in the cost of power on consumers' ability to pay were the primary areas of concern expressed by those who attended the recent open hearings held by the joint Power Supply Study Committee of the National Rural Electric Cooperative Association and the Cooperative Finance Corp.

About 400 individuals, including rura electric leaders and representatives of consulting firms and associated organizations, appeared before the si hearings held throughout the nation, and about 60 formal statements were presented and filed with the committe Among the 16 members of the panel are L.P.(Bill) Beverage, manager of Four County EMC, Burgaw; and James M. Hubbard, the new executive vice president and general manager of the statewide EMC organization.

A LITTLE STRAIGHT TALK ABOUT SOMETHING NOBODY LIKES TO TALK ABOUT

CAN YOU AFFORD TO FIGHT CANCER ALONE?

Most people can't. According to the American Cancer Society, one in every four Americans, nearly two out of every three families, will be struck by CANCER during their lifetimes. That means that nearly 53 million Americans now living will eventually have cancer. This year alone over 690,000 new cases will be diagnosed . . . about one every 46 seconds.

Cancer is one of the world's most dreaded diseases. Not only does it result in agony and grief but cancer is also an expensive disease. Fortunately, today most people have some medical insurance which will help. But unfortunately, in most cases they will not have enough! Americans will spend millions of dollars out of their own pockets in 1978 to fight cancer.

Special Announcement

Your National Rural Electric Cooperative Association (NRECA) has arranged to offer a brand new, economical group insurance program to help you in three important ways:

1. UPON DIAGNOSIS	2. DURING HOSPITALIZATION	3. WHILE YOU RECUPERATE
Pays up to $1,875	**Pays up to $60.00 per day**	**Pays up to $60.00 a day $1,800.00 per month**
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For an enrollment form and free brochure with complete information on the RE Cancer plan, including what is covered, what is not covered, cost and terms of renewability, just fill in and mail the coupon. Sending for this literature will not obligate you in any way, but it will help you make an informed decision about whether or not this plan is right for you. Please act promptly—if you do decide you want this economical coverage the guaranteed acceptance period for RE consumer members expires August 31, 1978, and all enrollment forms must be postmarked no later than that date

NRECA Service Center for ELCO Programs
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Raleigh, North Carolina 27605

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I understand this does not obligate me in any way.

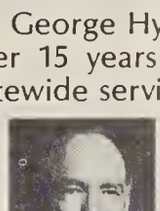
076-4

Extension Director Appointed

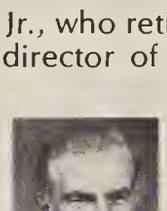
Program Veteran T. C. Blalock Takes Reins

Dr. T. Carlton Blalock, a veteran agriculture expert with 27 years in the field, took over July 1 as director of the North Carolina Agricultural Extension Service at N.C. State University with a pledge "to keep things going in the right direction at the right speed."

Blalock, 53, has been associate director since 1972. He succeeds Dr. George Hyatt, Jr., who retired after 15 years as director of the statewide service.



Blalock



Hyatt

No major changes are planned but the new director says he hopes to broaden services to homemakers and youth. He will continue the search for alternative crops that the state's farmers could turn to should tobacco, the state's top cash crop, begin to slip. He said he feels the 100 local offices across the state are staffed with

Retired Chief George Hyatt Takes It Easy

Dr. George Hyatt, Jr. has spent his whole life working and studying in the field of agriculture. But in the last few weeks, he's done nothing but play golf and take pleasure trips.

He's enjoying his retirement.

"I'm really enjoying myself," Hyatt said recently between trips. "As far as plans (for the future), I have nothing very specific as of yet."

Hyatt, 63, stepped down June 30 as director of the North Carolina Agricultural Extension Service at N.C. State University, a post he held for 15 years. He also retired from his post as associate dean of the NCSU School of Agriculture and Life Sciences.

Both posts went to Dr. T. Carlton Blalock, who has been associate director for the past six years. Hyatt said he is delighted with Dr. Blalock's selection. "I couldn't be happier." Hyatt said. "He's top notch."

There's a chance that Hyatt will be back at the university next winter to teach a high-level course on a part-time basis. He said a decision will be made on that later.

During his long career in agriculture, Hyatt has come to be recognized as one of the leading experts in his field. His administration has been marked by an emphasis on staff development and long-range planning. Both areas were lacking, he says, when he took the director's job in 1963.

Friends and associates held a "George Hyatt Appreciation Day" on June 16 as his retirement grew near, and Gov. Jim Hunt, Jr. designated the day "George Hyatt Appreciation Day In North Carolina."

He likes to talk about the efforts the service made during his administration to help farmers diversify, and he speaks with pride about the long-range planning that came into vogue over the years.

"I think this is one of the things that has been very helpful," Hyatt said.

The Ohio native also said he saw a need to update agents on new information in the field and keep them updated. He went to work on it, and now continuing education for agents is a staple. The success of the 4-H program is another achievement that Hyatt recalls with pride.

Although the extension service's work is as important as ever, it has changed somewhat over the years, he said. Modern methods enable the office to work more efficiently and to reach many more people with the same effort. Hyatt joined the university faculty in 1952 as a dairy specialist. He was appointed specialist-in-charge of extension dairying the next year, then was promoted to head of the Department of Animal Husbandry (now Animal Science) five years later. In 1961 he was named associate director of the Agricultural Extension Service, became director in 1963 and associate dean 10 years later.

He was raised on a dairy farm in Michigan and obtained a degree from Michigan State University in dairy husbandry, followed by a master's degree from Rutgers in 1941. He spent 1937-39 in Detroit as a milk inspector.

Following graduation he became an extension dairyman at West Virginia University and then at the University of Maryland. He went back to West Virginia in 1947 as a professor of dairy husbandry. In 1951 he became editorial advisor and farm manager of *Hoard's Dairyman* magazine of Fort Atkinson, Wis. A year later, he came to North Carolina. □

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competent agents and expects service to continue at a high level.

"Never in my wildest dreams when I came with the extension did I ever dream that I would be in this spot," he said. "I think it's a challenge and a great opportunity."

NCSU Chancellor Joab L. Thomas said Blalock will also succeed Hyatt as associate dean of the School of Agriculture and Life Sciences. He said Blalock, by virtue of his experience and attitude, is "ideally suited" for both positions.

Dr. J. E. Legates, dean of the school of Agriculture, agreed that Blalock is the man for the jobs "on the basis of experience, ability, commitment to service and knowledge of extension programs in our state."

During Blalock's nearly three decades of work in agriculture, he has served as a dairy specialist, a specialist-in-charge of dairy extension, a district agent and state 4-H leader. He served for more than six years as associate director, supervising budget activities and coordinating statewide agricultural programs.

He is regarded by many as a pioneer in educational programs designed to help farmers, foresters and other users of natural resources meet environmental challenges posed by pesticides, animal wastes and sedimentation. As a member of several national committees dealing with pesticides, his advice is frequently sought by officials of both the U.S. Department of Agriculture and the U.S. Environmental Protection Agency.

Blalock received a master's degree in animal industry from the university in 1952 and a doctorate in extension administration from the University of Wisconsin in 1963.

The extension service has agents in each of the state's 100 counties along with specialists at the University and North Carolina A & T University at Greensboro. It handles educational programs in agriculture and community resource development. □

ories by Kemp Ward

Slade Retires After 39 Years

Ellen Gets Halifax EMC Post

James T. Ellen, a veteran of 26 years with Halifax Electric Membership Corporation, Enfield, has been named manager of the cooperative, succeeding Thos. B. Slade, who retired from the post on June 30.

Slade

A Hamilton native, Slade was employed by Halifax EMC in March, 1939, as project superintendent, a position that was later titled general manager. He is a graduate of the University of North Carolina.

Under Slade's direction, the EMC's membership has grown from 400 at the end of 1939 to more than 7,000 at present. In addition, the service area has been expanded to include parts of Halifax, Warren, Martin and Nash counties.

Ellen began work with Halifax EMC in 1952 on a line staking crew. Six months later, he was named Electrification Advisor and served in that post until 1952, when he became staff assistant and director of member services.

Ellen

He was appointed acting manager in February and became general manager on July 1.

A native of Enfield, he is married to the former Nancy Braswell of Enfield.

For Carolina Country, N.C.AEC

Associate Editor-Coordinator Named

Kemp Ward, who has been a reporter-photographer for the Memphis, Tenn., *Commercial Appeal* since 1971, has joined the staff of *Carolina Country* and the North Carolina Association of Electric Cooperatives.

He succeeds Spencer Carter, who resigned to accept a communications position with the Westinghouse Turbine Plant in Charlotte.

Ward, a native of Union City, Tenn., has a degree in communications from the University of Tennessee at Knoxville and additional credits in photography from Jackson State Community College and a private studio.

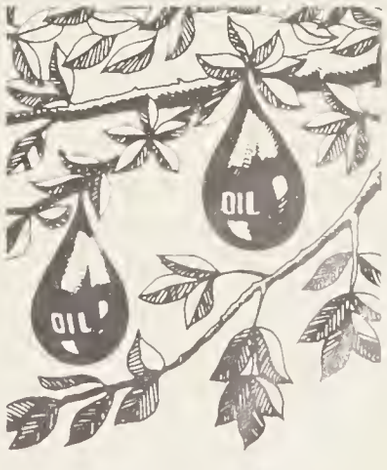
At the *Commercial Appeal*, he was chief of its Jackson bureau for three years before establishing bureaus at Martin and Humboldt. He served as bureau chief at Humboldt for three years, providing news and feature coverage of an 11-county area.

Ward also served as the volunteer public relations coordinator for the Jackson-Madison County Humane Society.

Earlier, he worked for a year as a public relations assistant with the public television station in Knoxville.

As associate editor of the magazine, he will develop news and feature articles for the magazine. As member services coordinator, he will oversee N.C.AEC's programs to assist the member and public relations personnel in the EMCs with communications projects, including audio-visual presentations. In this capacity, he'll edit two monthly newsletters and the annual directory of EMCs.

REMEMBER IT DOESN'T GROW ON TREES



ENERGY CONSERVATION
IT'S YOUR CHANCE TO SAVE, AMERICA

Jim Strickland, Raleigh News And Observer

Alton P. Wall

From Kerosene Generato

Reprinted from the Raleigh News and Observer, June 18, 1978

By Steve Adams

Back in 1939, Alton P. Wall handed Carolina Power & Light Co. a check for a little over $200 to pay for the power that customers of Randolph Electric Membership Corp., Asheboro, had used for a month.

Wall told the CP&L man, a little optimistically he thought, that the monthly check might some day be as high as $1,000.

After all, Wall's family had not had electricity until about 1920, when he was eight years old. Then his father bought a 32-volt Delco kerosene generator, powerful enough to operate lights and a washing machine, but little more.

In fact the old home place still didn't have central station power, as Wall calls it, when he handed over the check. In 1939, only 4 percent of the homes outside of towns in that part of the state had central power.

Randolph EMC's monthly payment passed the $400,000 mark several years ago. The state's 28 rural co-ops paid more than $128 million for wholesale power last year, and they own 62,000 miles of power line.

The Depression forced Wall to drop out of Wake Forest College after one year in 1933 to return home to help his family raise tobacco.

In 1938 he began attending organizational meetings of Randolph EMC, and the next spring he took a job with the EMC for what he thought would be a short stint to earn a little money before the spring plowing.

But he "caught the co-op bug," and, except for a four-year tour with the Army Corps of Engineers during World War II, he hasn't been out of the business since.

He became manager of Randolph EMC in 1948, and last April he took early retirement from that post to make another move he thought would last only about three months, becoming manager of the N.C. Electric Membership Corp. and Tarheel Electric Membership Association.

So, every morning for more than year, Wall, who pays a certain amoun of attention to detail, has commute 86.6 miles in his white Chrysler fro his 190-acre farm nestled in a one-mil bend of the Uwharrie River i Randolph County. At the end of th month, he will retire to tend to h Black Angus cattle and to fish.

Wall looks like a burly Kenan Wynn and he still has a certain rural flintines about him.

Hanging in his sparsely furnishe office north of the Beltline is needlepoint sampler that says,"Tellin your troubles always helps. Th world's dumb indifference makes yo mad enough to keep on fighting."

Today's co-ops bear littl resemblance to the Randolph EMC i 1939, when Wall spent his first yea straightening out the botche easements laid out by untraine surveyors.

"Back then it was just a dream," Wa said. "The only ones who don't hav power now are the ones who don want it."

"At that time (in 1939), some powe company people were saying, 'G ahead and build it — we'll buy it at cents on the dollar.' They thougl farmers couldn't run electr companies."

But in the past 40 years both Wa and the co-ops have acquired enoug savvy to take on complex negotiatio with power companies.

In addition to fighting wholesa rate hikes before the Federal Ener Regulatory Commission, the EMC now planning to buy its ow generating plants.

"I have contended since 1950 that the co-ops are to continue to ser their members in the most efficie way, they're going to have to ha some control of the power," Wall sa

The EMC is negotiating to buy all part of one of Duke Power Co.'s fo nuclear units under construction York County, S.C. In additio

The Tar Heel of the Week

o Nuclear Power Plants

negotiations were recently completed with Virginia Electric & Power Co. to purchase a share of six nuclear units in Virginia.

The EMC also is considering building the country's first peat-fired generating plant in the northeastern part of the state if First Colony Farm's huge peat beds can be harvested economically.

Not only would the plant save co-op members money, harvesting the peat beds would turn hardscrabble scrub land into prime farm land, Wall said.

Peat has only about half the energy content of coal, but it contains little sulfur and would create less air pollution, he said.

In addition, the plant might not need the huge cooling towers the Environmental Protection Agency requires at most plants to prevent heated water from entering streams and lakes, Wall said. First Colony could prolong its growing season by using the warm water in its irrigation ditches, he said.

Wall is perhaps not an out-and-out environmentalist — he was in favor of Appalachian Power Co.'s plans, scuttled by environmentalists, to dam the New River and build a hydroelectric plant. But his approaches to environomental problems and conservation are more innovative than those of the state's commercial power companies.

"When we landed a man on the moon, we began seeing the earth as nothing but a space ship with its life systems finite," Wall said.

"Hydro is nothing in the world but an application of solar power. The sun picks it up out of the oceans and drops it on top of the mountains. It's a renewable resource."

And, while the state's commercial power companies belittle the immediate prospects of solar power, Wall says,"Maybe it's just dreaming, but when I came up, it was dreaming to put power out there.

"The Sunbelt should be able to supply a good part of its space heating load with solar . . . I'm not sure the co-ops shouldn't be assisting our members who build new homes in putting in solar. If solar is what's good for people, that's what we ought to be doing."

When Wall leaves his Raleigh job at the end of the month he will be returning to a farming area that has been transformed, partly by his own efforts, since Randolph EMC was formed in 1939.

His mother sold the old homeplace after his father died during World War II.

"It's been subdivided," Wall said. "It's right funny to drive through there and see the place I used to plow corn full of big pines and brick houses."

In 1964, the Walls moved out of their 160-year-old farm house, with its 18-inch, hand-hewn sills and 12-inch joists. Wall still says he may remodel it.

But, he said, "We purposely built it (the new house) small because we thought we would be old and it wouldn't be as much to keep up."

Meanwhile, the first apples from the orchard are coming in.

"I ate the first ones yesterday," Wall said. "They'll keep coming through the first frost. We'll probably have apples right through Thanksgiving or Christmas right off the place."

A Tribute for "Unselfish Service"

Alton P. Wall, who retired June 30 as general manager and executive vice president of the three corporations comprising the statewide EMC organization, has been cited by the Boards of Directors of those corporations for his "many years of unselfish service to the rural electric program in North Carolina."

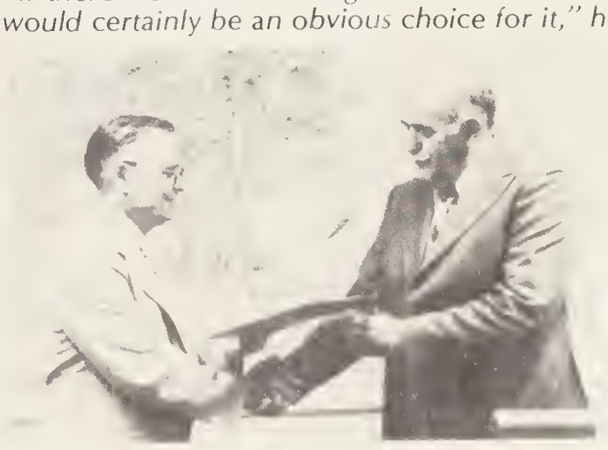
A resolution adopted by the three boards noted that Wall served as general manager of Randolph Electric Membership Corporation, Asheboro, until April, 1977 when he retired to assume the statewide post. It also pointed out that Wall had given 38 years as an employee of Randolph EMC and also served for many years as chairman of the North Carolina EMC Power Committee and as a member of the Power and Generation Committee of the National Rural Electric Cooperative Association.

The tribute recognized Wall for guiding the EMC organization in a fundamental reorganization, in making progress on power supply arrangements with Duke Power Co. and Virginia Electric and Power Co., in filing an anti-trust suit against Carolina Power and Light Co. and South Carolina Electric and Gas, and in initiating negotiations with First Colony Farms "in pursuit of a long-term supply of peat for one or more large-scale generating plants."

A certificate bearing the resolution was presented to Wall in a brief ceremony at the July meeting of the board of the N.C. Association of Electric Cooperatives.

Kelly Hutchins, manager of Surry-Yadkin EMC, Dobson, and president of Tarheel Electric Membership Association, made the presentation, recalling some of the highlights of Wall's career.

"If there were such a thing as a Hall of Fame for rural electrification, this man would certainly be an obvious choice for it," he said.



Kelly Hutchins of Dobson, president of Tarheel Electric Membership Corp., left, presents a certificate of meritorious service to Alton P. Wall of Asheboro who retired June 30 as executive vice president and general manager of the statewide EMC organization.

Books

By Frank Jeter, Jr.

Charlie Harville's Sports In North Carolina. **Donning Co. 280 pages. $9.95.**

Meadowlark Lemon of the Harlem Globetrotters is a North Carolinian, and while growing up in Wilmington excelled at football (All-State end) and baseball, even though he ended up as a basketball clown prince. This is just one remarkable fact I picked up while reading Charlie Harville's book (only a veteran sportscaster would include his name in the title) on sports in North Carolina. Its 280 pages are loaded with the kind of good stuff that makes sports pages, and Charlie's 40 years of broadcasting assure that it covers the waterfront.

Of course, the major North Carolina sports—football and basketball on the college level—are featured, but he also has good selections on Tar Heels who have gone on to professional baseball and football, and even—"hits a lick" at high school athletics.

But the most loving attention is for the colleges—not only for State, Wake, Duke and Carolina, but also Davidson and Catawba, Methodist and Wesleyan, Campbell and Elon, A. and T. and Shaw, St. Augustine and Livingstone, and many others.

This book is subtitled "A Photographic History" and it is certainly that—old photos of N.C. State's Jack McDowell (ca. 1927) and Duke's George McAfee, ten years later, as well as new shots of James Augustus "Catfish" Hunter and Cedric Maxwell, the Kinston cager who starred at UNC-Charlotte.

Charlie Harville does not omit such Tar Heel favorites as stock car racing, bowling, tennis, game fishing, and the fast-growing soccer movement. They're all in here, making this mostly-pictures volume a very worthwhile compendium in its field.

One complaint: my paperbound edition is getting loose at the spine, probably the result of enthusiastic reading at our house. But for $9.95 the stitching should be better.

Two comments: I don't know how this happened, but this book seems to give less attention to black athletes than Charlie's own notable broadcasts. And female athletes are not as visible, despite their growing and deserved reputation.

But this useful book still gives us a lot of what's the best in sports today.

Pier Fishing In North Carolina by **Robert J. Goldstein. John F. Blair, Publisher. 126 pages. $6.95.**

If North Carolina had a "Coastal Best Seller" list of books, this new and well-done paperback should hit that list come October or November. It is an excellent guide to the abundant fishing that is found along the Tar Heel coast, and those months are identified as two of the best during any year.

I am not personally acquainted with all the fishing piers along our coast, but to judge from many visits to that region's beaches I'd say the author has listed every pier standing and the fish caught there. However, Bob Goldstein is a purist on one detail; this book touches only ocean piers and leaves those on the sound to your own discovery.

But the ocean piers are not only clearly located, but in each case has the telephone number—which should remain current at least for the rest of 1978. Directions on highways, ferries and the like are also included.

Useful bar charts are provided for most of the major fish taken in North Carolina waters. For example: While bluefish "run" in almost every month, 1975 figures on actual catch tell us that March, April and May were good; the summer fell off without actually vanishing; then October was another excellent month, with November reaching half the October total and December reaching half the November total. In contrast, channel bass (drum) hit peaks in January, February, May, August and November—with fair showings through the summer months and in October and November.

These charts, as well as the excellent drawings and scientific descriptions of each major variety, are worth the price of *Pier Fishing.*

My son George, who is the main angler of the Jeter family, had good words for sections on live and artificial bait, fishing techniques, and special knots that evidently every good pier fisherman should know. He also gave high marks to the general contents.

The book is illustrated mostly with drawings, although a few quality photographs—highlighted by front and back covers in full color—add to its content.

If there is a portion that is more postscript than main event, it is the five pages that wrap up this book. They deal with cooking seafood, and are useful since they suggest there are other techniques besides frying. The author almost apologizes for this section by mentioning a couple of full-fledged seafood cookbooks that he recommends. □

Frank Jeter, Jr. is public information officer for USDA-Soil Conservation Service in North Carolina.

Summer is humid enough. Don't add to it.

Humidity makes you suffer a lot more during hot weather. But it will help if you'll save moisture-producing activities that create steam for the cooler times of the day. Washing dishes and clothes, cooking, bathing—all these activities put more humidity into the air. And that puts a strain on you and your air conditioner.

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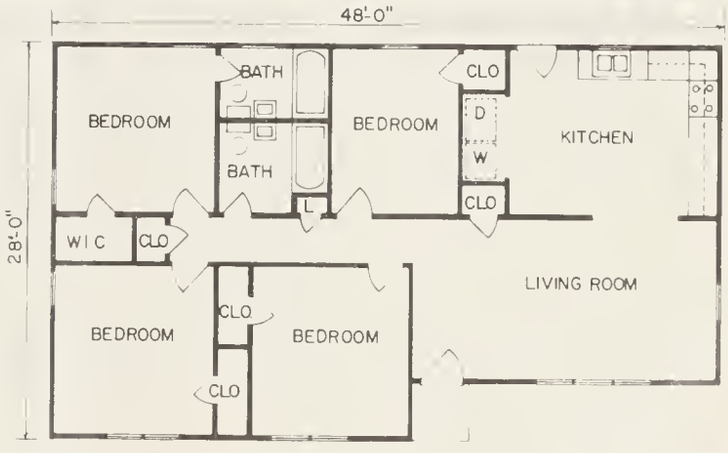

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A Thing Of Unexpected Beauty

A watershed development is a very practical project, built for such purposes as flood prevention or for managing excessive water that often "drowns" crops. But a watershed can also be a thing of almost idyllic beauty.

Designed to strict engineering standards by engineers of the Soil Conservation Service, the dams and other aspects of a Public Law 566 project are built under close inspection, to provide the protection that caused local landowners to seek the project in the first place.

But the ponds formed by the big earthen dams can also be a place where a fisherman can wet a line . . . where people can enjoy a picnic on the bank . . . or where grazing cattle can stroll down for a drink of cool, clear water.

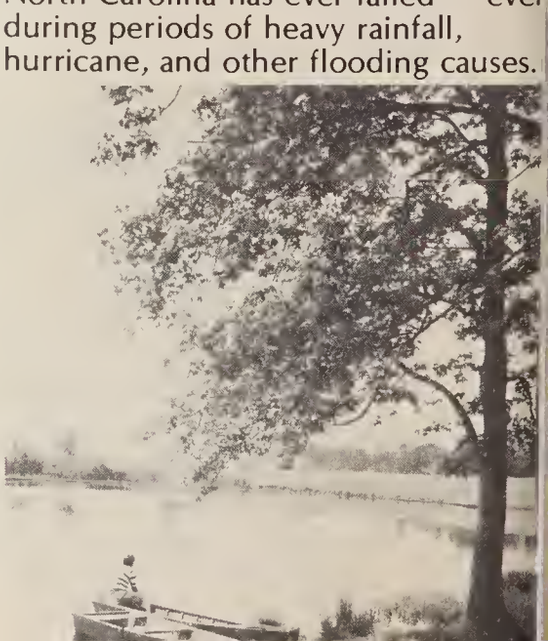
The photos on these pages were made at the Bear Creek Watershed Project, which serves 38,650 acres in parts of Wayne, Greene and Lenoir Counties in the Coastal Plain of Eastern North Carolina.

But similar scenes can be found in every part of North Carolina, where such projects have been sought since the program began in the late 1950s.

Plantings made as a part of the land treatment on watershed projects prevent erosion . . . and also provide nesting places and food for birds, habitat for small game, and a pleasant view to the passerby.

A keynote of every flood prevention structure — the engineer's term for the dams — is the thick coating of grass which protects the dam from washing.

In the years that such projects have been made, no watershed dam in North Carolina has ever failed — even during periods of heavy rainfall, hurricane, and other flooding causes.

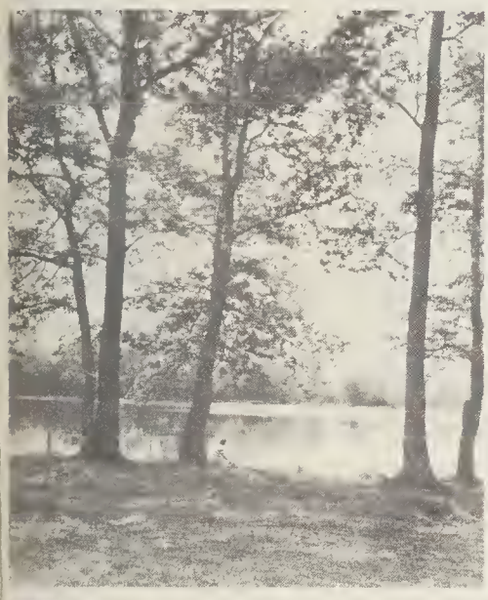


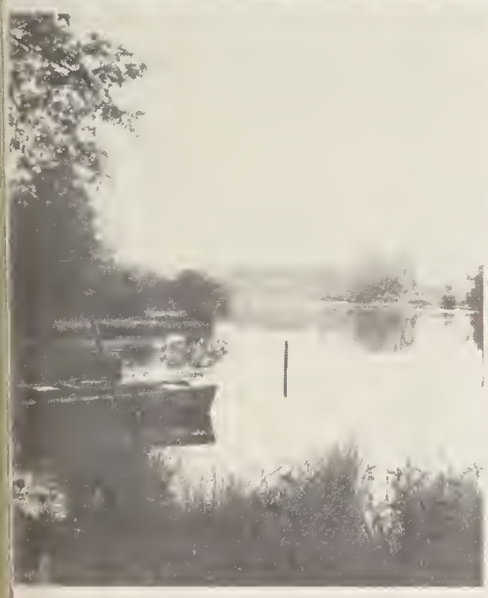
ABOVE — This well-kept dam is one of seven in the 38,650-acre Bear Creek Watershed Project. By impounding the clean water shown, it plays a key role in flood protection. Since the project was completed in 1970, flooding problems that existed prior to that time have ended.

RIGHT — Good fishing, clean water for agriculture and recreation and some of the best bream and bass fishing available are all part of the watershed project.

Text and Photos by Frank Jeter, Jr., public information officer with USDA-Soil Conservation in North Carolina.

BELOW — While designed for flood prevention, water management and other benefits, a watershed project can provide some unexpected beauty. The photos below offer different views of Structure No. 15 in the Bear Creek Watershed Project.





commentary

Clinch River: A Worthwhile Project

If anyone is interested in an example of why the United States must strive for a balance of coal and nuclear electric generation capacity, this past winter stands out.

As many parts of the nation experienced record cold, the coal strike reduced supplies of coal to critical levels. While those coal supplies were shrinking, utilities with nuclear generating stations were meeting a sizable portion of the nation's demand and they were saving large amounts of coal, too. There is no question that the nuclear generating capability made this past winter much less severe than it would have been had the nation not developed its still-limited amount of nuclear generation.

Yet, in spite of studies, reports and projections which predict growing requirements for electric power and a declining ability to use fossil fuels because of depleted reserves and over-regulation, the nation appears to be on the brink of allowing the termination of a project that promises to do so much to assure us of the energy we will need.

That project is the Clinch River Breeder Reactor (CRBR), a joint endeavor of the federal government and industry. Its funding has come from many sources, including over 700 electric systems. Electric cooperatives in Illinois and the nation have seen the potential of this type of nuclear reactor and have supported its research and development.

The Carter Administration, perhaps at the urging of environmentalists, opposes continuation of the program. Last year, as the Administration worked to convince Congress of the merits of its energy policy, the Administration contended that the breeder posed too much of a hazard because it produced weapons-grade plutonium. The Administration's view was that the United States must strive to prevent any diversion of nuclear bomb material.

The value of the breeder reactor is that it takes presently worthless nuclear by-products of our current nuclear fuel enrichment process, produces electricity and manufacturers additional nuclear fuel. This by-product, now being stored in steel tanks, offers almost unlimited potential. Scientists estimate the waste can produce electricity worth $20-trillion. Its energy equivalent is estimated to be a 700-year supply of coal or a 400-year supply of oil, measured by 1975 consumption rates.

Simply, what the breeder offers, then, is a virtually unlimited supply of economical, clean, safe electricity.

The Administration's argument that this country's decision to avoid the breeder and its plutonium production may persuade the rest of the world to also avoid similar projects is seriously weakened by news that many countries push ahead daily with breeder projects.

Amid all this back-and-forth struggling over the breeder's value or threat has come what appears to be an answer.

During an energy conference in Washington in February, a dramatically new system permitting diversion-proof world-wide expansion of nuclear power was announced. In the revolutionay process, there is no weapons-grade plutonium separated from the uranium and radioactive waste materials.

With technology promising to eliminate the threat of plutonium theft for terrorist or subnational purposes, it is clear the breeder represents a practical and safe approach to meeting the nation's energy requirements, while at the same time utilizing waste material.

This country doesn't have to worry about whether it will have sufficient supplies of energy. What we must worry about is utilization of resources, and the Clinch River Breeder Reactor project promises to lead to much-improved use of our energy resources.

—Illinois Rural Electric News

Fashion Favorites

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Pattern No. 9032 is cut in Women's sizes 34, 36, 38, 40, 42, 44, 46 and 48.
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Send $1.50 in cash (no stamps) for each pattern to CAROLINA COUNTRY, Box 42, Old Chelsea Station, New York, NY 10011. Ad 35¢ for first class mail and special handling. Be sure to include your full address, zip code and pattern size.

Country Kitchen

CHOCOLATE SUPREME

Mrs. Arrington's Chocolate Supreme recipe is one of those special dessert recipes you'll love in the summer heat — it's cold, and it involves no cooking!

Simply blend the ingredients and refrigerate, then serve. A no-fuss, no-mess recipe. For added flavor, try cooked pudding.

If you would like to share a recipe with this column, send it to: COUNTRY KITCHEN, P.O. Box 27306, Raleigh, NC 27611. We pay $5 for published recipes.

Carolina Kitchen Recipe
Submitted by Brenda Arrington of Ramseur

CHOCOLATE SUPREME

Bottom Crust:

1 stk. margarine, melted
1/3 c. brown sugar
1 c. self-rising flour
1/2 c. chopped nuts.

Mix dry ingredients and pour over butter. Press in bottom of 9 x 13 baking dish. Cook at 300 degrees 15 min. Let cool.

Filling:

1 8-oz. pkg. cream cheese (room temp.)
1 c. powdered sugar
1 lg. cool whip
2 pkg. instant chocolate pudding
3 c. milk

Mix softened cheese and powdered sugar. Blend and fold in 1 cup cool whip. Spread on crust. Mix pudding and milk, spread on top of cheese mixture. Spread remaining cool whip on top. Sprinkle with nuts. Refrigerate.

(Butterscotch, pistachio or lemon pudding may be substituted.)

Needlecraft

Pattern No. 7324 includes directions for 19-inch and 13½-inch doilies.
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——Food Scientist Says

Quit Worrying About Bacon

By Bill Humphries

Is it safe to eat bacon?

The answer is yes, according to a food scientist and an extension foods and nutrition specialist at North Carolina State University.

There has been controversy in recent months over long-used preservatives known as nitrates, which in meat are converted into nitrites. In that role they help prevent a deadly bacterial disease known as botulism.

In recent years it has been discovered that nitrites can form cancer-causing nitrosamines, especially in cured meats such as fried bacon that are cooked at high temperatures.

Some consumer spokesmen have urged that nitrite levels in bacon and other meats be sharply reduced or eliminated. Meat industry scientists replied that nitrites are essential for protection against botulism.

After months of study and discussion, the U.S. Department of Agriculture (USDA) issued a regulation effective June 15 requiring processors to reduce nitrite levels in bacon and other cured meats from 200 to 120 parts per million (ppm), and to increase the portion of sodium ascorbate (vitamin C) used to 550 ppm. Ascorbate acts as a blocking agent to prevent formation of nitrosamines in bacon.

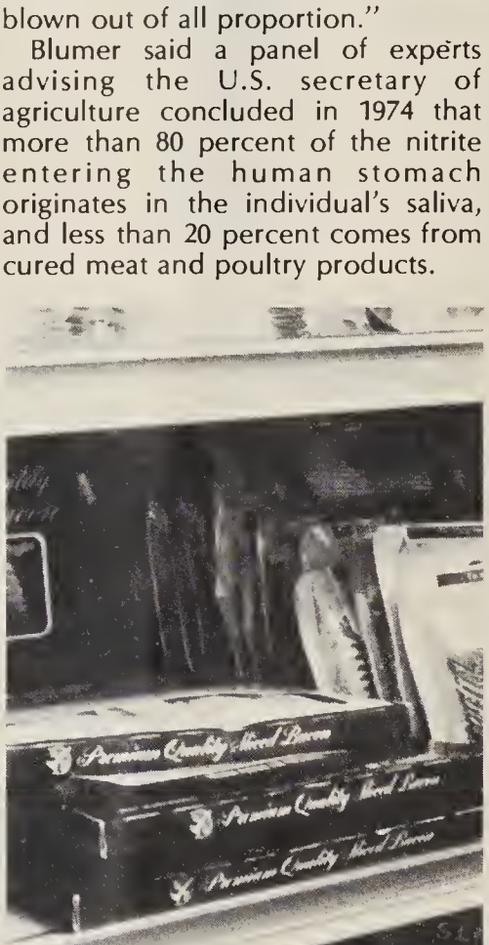
Also under the order, nitrosamines in cooked bacon may not exceed 10 parts per billion (ppb). This figure will be lowered to only 5 ppb within a year as more refined detection equipment is developed.

In a second order, not yet final, USDA would require packers to lower the amount of nitrite used in curing bacon to 40 ppm. Either sodium nitrite or potassium nitrite would be used in combination with 0.26 percent by weight of potassium sorbate.

According to data available to USDA, this formula gives protection against botulism equal or superior to formulas currently used and it eliminates confirmable levels of nitrosamines. Unless evidence to the contrary is received, the second order will become effective in mid-May 1979.

Dr. Thomas N. Blumer, food scientist at NCSU, said the controversy over nitrites in cured meats "has been blown out of all proportion."

Blumer said a panel of experts advising the U.S. secretary of agriculture concluded in 1974 that more than 80 percent of the nitrite entering the human stomach originates in the individual's saliva, and less than 20 percent comes from cured meat and poultry products.



The Carolina Homemaker

Sarah M. Hinton, a foods and nutrition specialist with the N.C. Agricultural Extension Service, said people unknowingly have been consuming nitrates for thousands of years as part of saltpeter, a curing agent for meats. Despite this, she said, no human cases or epidemics of cancer have been traced to nitrates.

"Nitrates are found naturally in most green vegetables, and nitrites are found in human saliva. They are a common part of our environment. When added to cured meats, they may serve as a precursor to the formation of nitrosamines when the meat is fried at high temperatures," Hinton said.

In some samples of fried bacon, the specialist said, nitrosamines were found at very low levels. She added that concern arose because nitrosamines have been found to cause cancer in laboratory animals.

"Nitrite is the most beneficial ingredient found so far that inhibits growth of the deadly Clostridium botulinum organism in meats. To remove all nitrites from cured meats would present a health problem of much greater magnitude than exists with the addition of nitrites," Hinton said.

Dr. Blumer said if a person "ate nothing but cured meat, and consumed an awful lot of it, at every meal every day," there might be some reason for concern about nitrites in bacon and other products. But nobody does that, he added.

"If you eat sensibly and have variety in your diet, you will be pretty well protected from either excesses or deficiencies of particular items in the diet," Blumer said.

Specialist Hinton said she saw no reason for consumers to avoid meat products containing nitrites. She said it would be far more hazardous to omit nitrites from meats and risk botulism than to consume minute amounts of nitrites at levels that have not been found harmful to human beings. □

Bill Humphries is food and agricultural editor with the NCSU Agricultural Information Office.

Youth Forum

DO YOU THINK THE UNITED STATES SHOULD SWITCH TO THE METRIC SYSTEM?

Yes. The United States needs badly to switch to the metric system. One of the chief reasons for this need is industry. We are the only large industrial nation in the world today not using the metric system. An overnight changeover shouldn't be attempted. Industry, who seems to be losing from not using the system, should make the change first in order to keep the U.S. up with the other world leaders in international trade. Then, on a gradual basis, the rest of the country should be switched.

Ray A. West
Rose Hill

Ray is a sophomore at Union High School in Clinton, and enjoys basketball, swimming, roller skating and playing the piano. He and his parents are served by Four County EMC.

No! I feel it would complicate an already-confused America. The people had no choice in the decision; that's not fair to the people, who are going to have to learn a whole different system. It will be very hard for the elderly and middle-aged to change over. The old system has suited us this far, so we should keep the status quo.

Sandra K. Bottomly
Sherrills Ford

Sandra is 16 years old and a junior at Bandy's High School. Her hobbies include reading, playing tennis, playing the piano and cooking. She and her parents, Mr. and Mrs. R. Wayne Bottomly, are served by Crescent EMC.

No, I do not think the United States should switch to the metric system. For the past few years other major countries have had the metric system and it has not affected our trading. Just because other countries have the metric system does not mean the U.S. should follow suit. When we try to change to the metric system, there will be a lot of confusion and many who are unacquainted with the metric system will be taken advantage of. While schools are taking the time to teach the metric system, emphasis could be put on a more important phase of teaching such as reading.

Helen Smith
Mocksville

Helen is 17 years old and a rising senior at Davie High School. Her hobbies are reading, writing, singing and sports. She and her parents, Mr. and Mrs. Donald Smith, are served by Crescent EMC.

NEXT QUESTION: Do you think the United States should sell weapons to foreign countries?

If you have a good answer, send it to YOUTH FORUM, *Carolina Country*, P.O. Box 27306, Raleigh, NC 27611 immediately. Tell us a few facts about yourself — your age, school, hobbies, etc. Include your parents' name and the name of the electric membership corporation serving you. If your answer is published, we will send you $5. If you want to submit a question, send it along and for each one used, the sender will receive a $5 check. □

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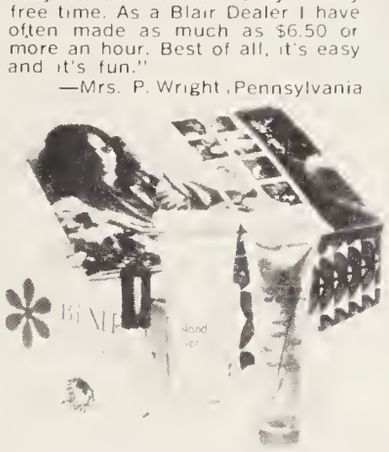

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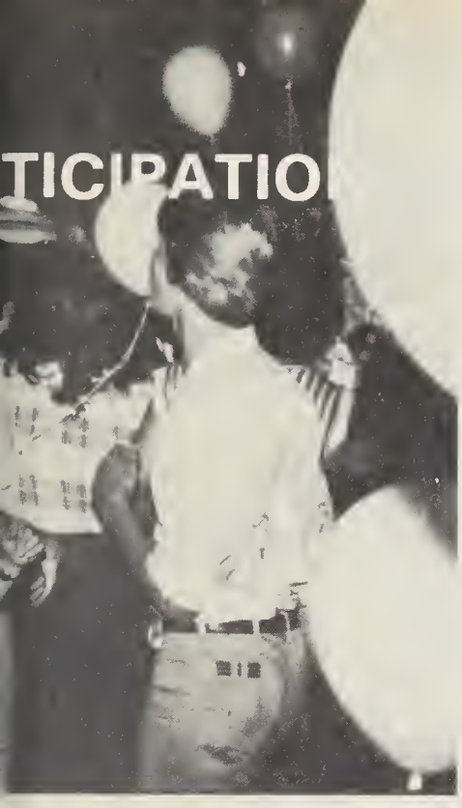
The "recipe" for the 1978 Rur Electric Youth Tour.

Sponsored by the Nort Carolina Association of Electr Cooperatives, Youth Tour is week of rural electric educatio and sightseeing in our nation capital for teenagers selected b their local EMCs.

Although the Tar Heel youth see many of the usual things th every tourist visits when Washington, the Youth Tour als includes a series of other speci events.

In 1977, when Youth Touris visited the Tomb of the Unknow Soldier at Arlington Nation Cemetary, they came away s moved by the experience the wanted to pay tribute to ou nation's war dead. They donate funds for a wreath so that th year's tourists could pay tha tribute during the 1978 tour. In special wreath-laying ceremon two Youth Tour members place the wreath on the Tomb as th sound of "Taps" echoed across th cemetary.



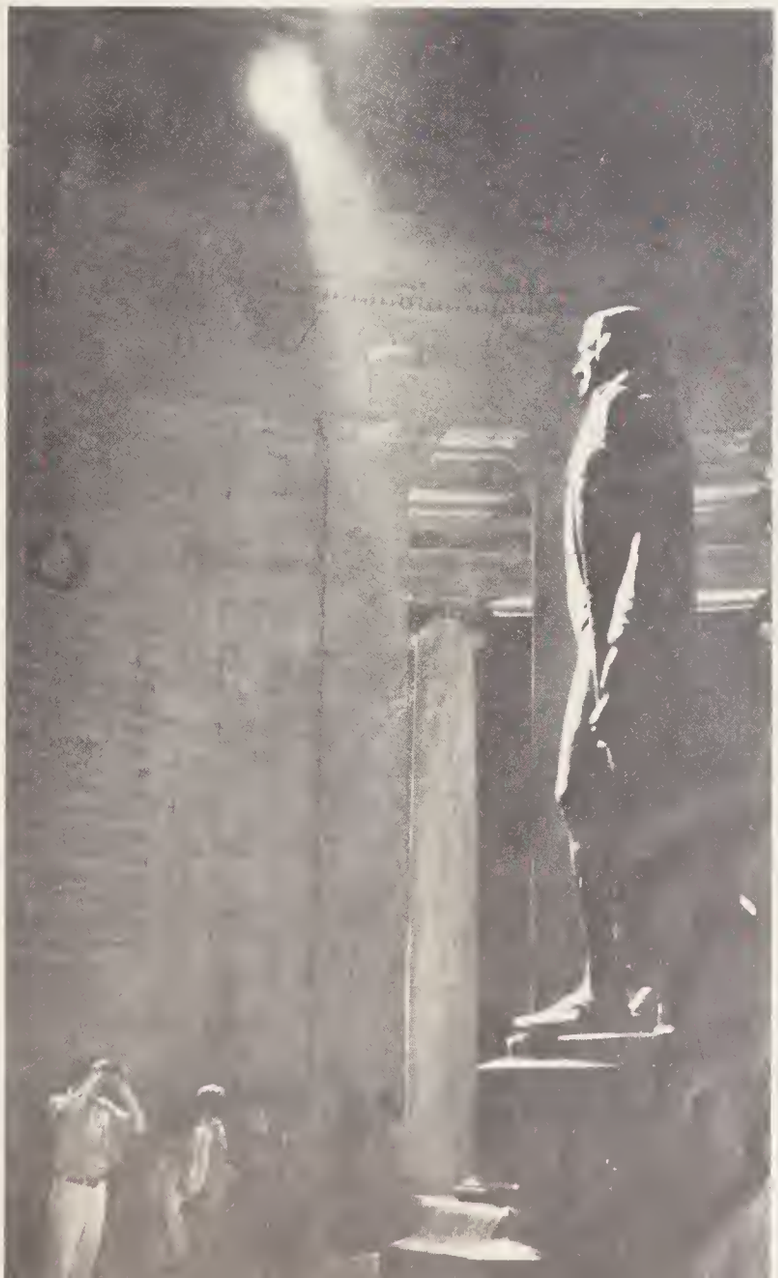
A special evening event was a erformance of the award-inning Broadway play, "Annie," the National Theatre. So close to e stage they could almost reach ıt and touch the players, the enagers saw the comic strip haracters spring to life in a play ith a "happily ever after" ending. was rated by most Youth Tourists "the best night of my life."

Making new friends from rural ectrics all over the country was nother added benefit of Youth our and the Tar Heel youths took lvantage of it. The opportunities meet other teens were many— the pool, on the dance floor, hile cruising the Potomac River d during a talent show.

The week wasn't perfect, tough; as every Tar Heel youth it it, "It's going by too fast!"

At the end of the frantic six-day ent, our "recipe" is somewhat fferent: Take a tired bus iver...and five worn-out visors...combine with a quiet s and 36 exhausted teens...blend ll with goodbyes and tears...and inkle with memories — giraffes the zoo, the gravesite of John F. nnedy, touring the White use, shaking President Carter's nd, visiting the Smithsonian, uring the Capitol, talking with Heel Congressmen, and the owship of being together. A stake-proof recipe. □

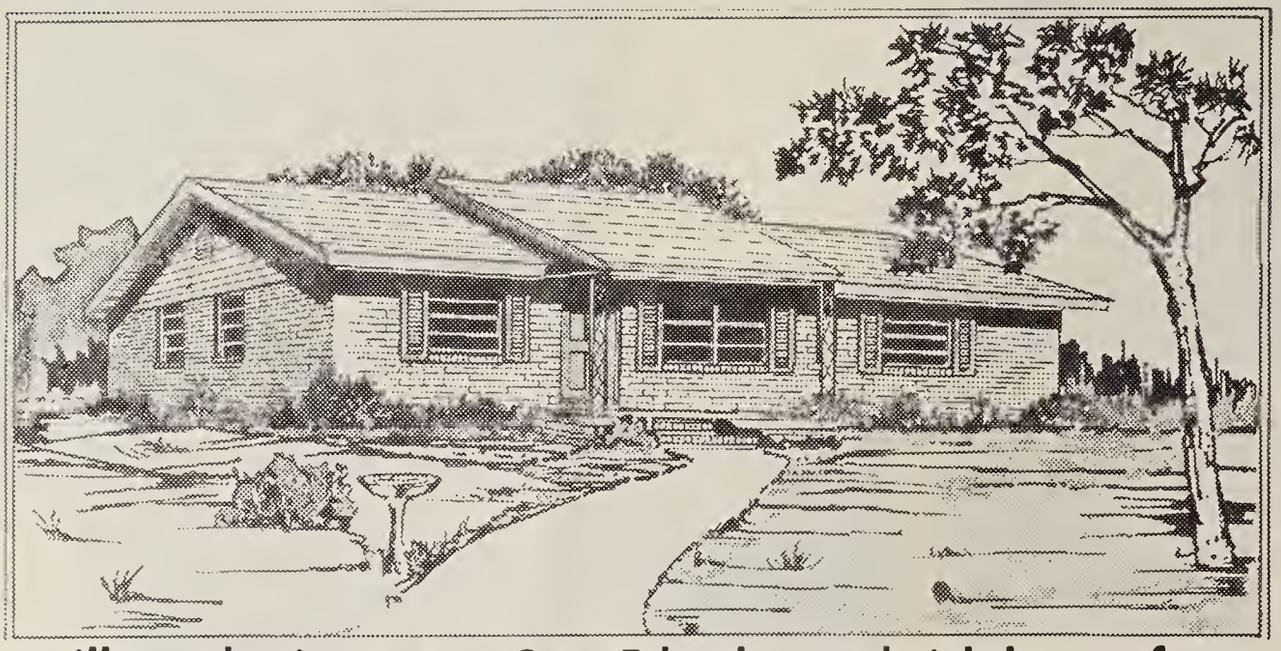
...John F. Kennedy gravesite — the eternal flame...



Photos by Maurice Rhodes, Blue Ridge EMC

...the Jefferson Memorial at night...

Remember when coming home was the best part of your day?



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CC-8-78

I wish to protest the article in the June *Carolina Country* entitled "Nuclear Power: A Technological 'Kelly Girl'. This is one REA member who would prefer managed blackouts to the threat of nuclear power, especially breeder reactors. Mrs. Srouji's reference to plutonium as being less toxic than mushrooms or botulism is ridiculous. One would have to ingest mushrooms or the botulism bacteria for it to affect you. One would only have to come in contact with plutonium in any way and cancer is all but inevitable. Plutonium is lethal to humans for thousands of years whereas mushrooms and botulism have minute lifetimes by comparison. This type of "Journalism" strikes me as being far from "fair, open and objective," rather it borders on propaganda.

I do not want to "stop the world and get off" but I want to see the world saved so that others may get on. Do we have the right to threaten future generations for thousands of years so that we may have the luxuries we want? Is the *possibility* that nuclear power wastes might cause cancer to become a part of the legacy we leave others worth this generation's growth-at-all-costs economy? I would rather do without some things (air conditioners, hair and clothes dryers) and leave future generations a clean non-toxic world.

I would also like to protest the agreement with VEPCO since the power will come from nuclear power plants. Virginia is too close to have those things in use.

Bet you don't print this.

Stephen L. Johnson
Rt. 1, Franklinville

I enjoyed "Does the Watchdog Need a Watchdog," (June issue). It is paradoxical that the Government Accounting Office considers some breeder reactor publications to be propaganda and requests the Department of Energy to "develop standards of fairness and objectivity governing the dissemination of information to the public..." when the government subsidized the teaching of evolution as fact (through textbook grants) and both NASA and the National Science Foundation include evolutionary propaganda in a number of news releases each year.

I contend that this represents propaganda of a more serious nature since evolution is refuted by the total absence of transitional fossils, all fossils date only thousands of years old by carbon 14 dating, the exponential decay of the earth's magnetic field and other significant evidence. What kind of government concerns itself with nuclear power promotional propaganda while financing the brainwashing of our children?

James E. Taylor
Rt. 2, Brevard

Please accept our belated thanks for the splendid review of *Joy in the Mountains* that appeared in the February, 1978, issue of *Carolina Country*. . . . It is indeed heartwarming to read favorable comments about a project which was five years in the writing, and seemed at times to be a discouraging task.

We are reaping the rewards of our efforts increasingly as sales of the book, now in its third printing, increase and particularly when bookstores re-order.

We'd like to share with you the news that the U.S. Travel Service in Washington, D.C., has picked up copies for its offices around the world: Japan, Canada, England, Germany, France and Mexico, in conjunction with its "Travel USA" program. ...

Lou and Alice Winokur
Rt. 1, Blowing Rock

I resent the fact that the monthly payments which I continue to support *our* company with is going towards publishing a magazine which is totally unnecessary and does not represent my views or perhaps a majority of EMC members.

In the past issues there is a definite stand taken in encouraging the development and use of nuclear power. But this June issue was the last straw: two articles of propaganda on the needs of nuclear power. It is not fair for you to influence the public on such a destructive and dangerous problem and only offer one side.

Those people, myself included, who are concerned over the hazards of nuclear power shouldn't be ignored as having a pessimistic or negative or distorted view of nuclear power. We have good reasons for having fears of radiation. I wish your magazine would be open-minded enough to print these legitimate fears.

Victoria T. Holden
Rt. 3, Randleman

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Back in the days when prohibition was a red hot issue, there was a lady in these parts who did so much loud yakking about how the country would go to wrack and ruin if Roosevelt got elected and prohibition got repealed, that she was glad when he did and it did, just so she could be proven right.

And of course she was. Everything bad that happened after that she blamed on Roosevelt, or repeal, or both. Hailstorms, floods, train wrecks, epidemics, you name it. The worse it was, the better she liked it because it proved she had been right all along. She was happier than she ever had been during Hoover and prohibition, when disasters never proved a thing.

What reminded me of the disaster lady was the argument going on today between those who favor nuclear power, and those who are against it.

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"It just set my mouth to watering!"

These are just a few of the comments that have been inspired by this new recipe collection among good cooks all across North Carolina.

This 150-page cookbook, with 10 thumb-indexed sections, includes recipes submitted by the readers of *Carolina Country*. It's bound in a sturdy, plastic notebook binder featuring a full color cover reproduction of an original painting by Lexington artist Bob Timberlake.

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Please send me _____ copies of *Carolina Country Cooking* at $5.95 each (handling and tax included). Enclosed is my check or money order for $ _____. Make all checks or money orders payable to *Carolina Country Cooking* and send, **with this order form,** to CAROLINA COUNTRY COOKING, P.O. Box 27306, Raleigh, N.C. 27611.

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The Nuclear Power Hassle

Reprinted from *Wisconsin R.E.C. News*

Those who are against it need a colossal catastrophe to prove them right. They need to lose Detroit, or someplace at least as big.

Those who favor it need brownouts, blackouts and all the other outs that come with power shortages that are the worst since electricity was invented. Not only that but the power that is blacked out must be so expensive that folks will be almost glad to lose it. Another Arab oil embargo would help make the point too.

Both sides look upon the other side as the enemy of the people, meaning that each side thinks of itself as consisting of The People.

I hate to see folks talk themselves into boxes that can be gotten out of only with the passwords "I Told You So."

I hate to see people get their backs up so high they can't get through open doors.

I wish each side would measure the situation with an eye to finding out if maybe it has a middle to it. If the distance is not divisable by two, then it would be nice to see somebody give a fraction one way or the other. Isn't that the way our society is supposed to work?

The pro-nuclear people might come up with an appraisal that reads something like this:

"The atom, sad to say, is not going to give us an unlimited supply of cheap power. Even if it could, the people will not let it because there are too many questions that cannot at this time be answered to their satisfaction.

"Therefore what we ought not do is put all our eggs in the nuclear basket any more than we should be completely dependent on imported oil."

The anti-nuclear people might size it up this way:

"The nuclear power industry is serving too many millions of people too well to be shut off, any more than air transportation or highway travel are likely to be shut off because of the risks they entail. It is going to be around for a long, long time — until something better is developed to replace it."

Both sides might try to cultivate a more realistic attitude towards the members of the opposition.

The pro-nuclear people should try to avoid looking upon the anti-nuclear people as a bunch of crazy outsiders. Some of them are right next door.

"I hate to see folks talk themselves into boxes that can be gotten out of only with the passwords "I Told You So."

The anti-nuclear people should try to avoid thinking of the pro-nuclear people as a bunch of corporate fat cats trying to make another buck in disregard of the public interest. Some of them are the little folks right next door.

The development of nuclear power is not going to move nearly as fast as some would like. It is not going to be phased out as some others would like. Too bad extreme positions have to be taken in order to arrive at a middle ground, because the extremes leave scars that are hard to heal.

THE HANDICAPPED MAILBAG

By Bette Elliott
Bill Kiser News Service

A letter from Durham, in part:

"We were saddened by Bill Kiser's death. He was our champion, a really down-to-earth fellow, and we miss his columns about handicapped people and their concerns. Now, we have read in the paper that you will be continuing Bill's work. Bette, do you mind a personal question? What is your handicap?

I never mind personal questions like this one—my handicap is a progressive nerve deafness—that means the nerves down there in my ear are slowly going to pot, and while I can hear sounds, I have a rough time making out what the sounds mean. But I am lucky—two hearing aids saved me. Being a woman and a bit vain I hated the idea of hanging hearing aids on myself, along with bifocals. All I could think of was: will the darned things show? Will people KNOW?

But then, when I think about people like Bill Kiser, who got around in an electric wheelchair (which sometimes went on the blink and left him stranded in some mighty inconvenient places), whose speech was a strangled gurgle, who had never walked a step in his life, I stop worrying about whether or not my new hair-do will cover up my hearing aids.

I remember my wonderful grandfathers, both of whom had severe hearing problems. One of them, a businessman, would sit in his special chair holding a huge trumpet to his "bad" ear. This trumpet had a little spiral tube that fitted into his ear, and from the coil emerged a megaphone-shaped contraption. My mother would drag me up to grandfather and order me to say something into that frightening trumpet.

I was something of a brat, and would howl my protestations. I'm not sure grandfather heard these rude howls. If he did, he never let on. What a dear man!

My other grandfather, an Eastern North Carolina country doctor, knew all about the latest medical advances, and bought himself a hearing aid. Its major component was an enormous box which perched on his chest along with his gold watch chain. It was attached to a device in his ear, and to a battery strapped to his leg with an intricate series of wires. I remember screaming, "How are you, grandfather?" into that forbidding chest box.

Poor grandfather. Nobody could think of a thing to say to him except, "How are you?" No wonder he would take off with his hunting dogs, seeking refuge in the Johnston County woods! Dogs, at least, didn't ask him how he was every five minutes.

So, to answer the question, what is my handicap? A hearing impairment. But thanks to modern science, I am not tortured by having to stick trumpets in my ear or answer boring questions from exasperated relatives. I am not handicapped compared to Bill Kiser—beloved friend of so many—or compared to my grandfathers, bless their brave hearts. □

This is the first "Handicapped Mailbag" to appear in *Carolina Country* since the column was adopted as a recurring feature in the magazine last January. The column was developed by Bill Kiser of Winston-Salem, a cerebral palsy victim who was confined to a wheelchair until his death January 8 of cancer.

Since Kiser's death, his news service has been adopted as a project of the N.C. Department of Human Resources to continue the "Mailbag" newspaper column and a weekly radio program focusing on the problems of the handicapped.

Veteran journalist and television hostess Bette Elliott of Raleigh has been named managing editor of the service. A former Woman's Editor of the *Raleigh Times*, she hosted a daily program of features and interviews on WRAL-TV, Raleigh for several years. She developed a severe hearing impairment while doing the television show.

Questions for "Mailbag" should be addressed to Mrs. Elliott at Bill Kiser News Service, Inc., 5 W. Hargett St., Raleigh, N.C. 27611. □

HANDITIP

• If you are housebound, but still like to do a little cooking, here's a recipe-filing tip from Mrs. John Wekluk of Hillsborough:

For years, I've clipped recipes from magazines, newspapers, etc. and pasted them to three-by-five-inch cards. If it will fit properly, I paste a picture of the recipe on the front or back of the card."

Thanks, Mrs. Wekluk. I find this simple addition of adding the picture of the finished recipe not only fun but helpful to my ego. I strive to make my dishes—simple though they may be—as attractive as those in the photo, with easy, colorful garnishes and by using my prettiest serving plates.

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Threshers Reunion Offers Peek At Past

The Pooletown Volunteer Fire Department will hold a "threshers reunion" Sept. 9-10 near Salisbury that promises to give visitors a graphic look at what farming was like in North Carolina decades ago.

Craftsmen and craftswomen will be operating wheat threshers, horse powered strawbalers, a weaving loom, a spinning wheel, a moonshine still, steam engines and much more. Someone will even be making homemade soap and old fashioned quilts.

Farmers from miles around will have antique and modern tractors on display, along with old and new farming equipment, trucks and 4-wheel drive vehicles. The event will also feature a sky-diving exhibition, music, singing on the grounds and plenty of food including homemade apple cider pies and cakes.

The festivities will take place on the Baxter Ribelin farm about 14 miles east of Salisbury on Stokes Ferry Road. Admission is $1.50, and all proceeds will go to the volunteer fire department to help pay for firefighting equipment.

"For people who like this sort of thing, it's a real good time," Mrs. Ribelin said. □

Finance Seminar Set For Executives

A seminar on "Financial Management in an Inflationary Economy" will be offered for senior executives by the Graduate School of Business Administration of the University of North Carolina at Chapel Hill, Oct. 3—4.

The two-day seminar is designed for senior planning executives in firms of all types and for lending officers of financial institutions. It will be led by five of the business school's most distinguished faculty members.

The seminar fee of $300 includes two nights lodging at the Carolina Inn, tuition, educational materials, lunches and social hour. Application deadline is September 22. For more information, write or call J. Finley Lee, Associate Dean for Management Programs, Carroll Hall 012A, Chapel Hill, NC 27514. Phone: (919) 933-8301. □

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BURNS AWAY MORE FAT EACH 24 HOURS THAN IF YOU RAN 14 MILES A DAY!

Incredible "Crash-Loss" Breakthrough Reported in Leading American Magazines Works So Fast You Can Actually Measure the Difference In Your Waistline In Just 24 to 48 Hours!

Yes, LOSE up to 6 POUNDS the first 4B HOURS — LOSE up to 12 POUNOS the first 7 days — LOSE up to 4, 5, even 7 POUNOS MORE the next 7 days — and continue to burn away as much as 7 to 9 pounds more fat every 2 weeks thereafter, (if you still need it) . . . until you've finally lost 50 — 70 — 100 pounds OR MORE . . . **without fasting, without constant willpower, without constant pangs of hunger or a single moment of body-racking exercise!**

Recommended by the U.S. Government's very own doctors to members of Congress who want to lose weight fast . . . Hailed as the weight-loss "breakthrough of the century" by leading medical journals . . . here at last is the most effective NO-ORUG program for FAST — INSTANT — PERMANENT LIFETIME WEIGHT-LOSS ever made available to the public without a prescription!

WORKS SO FAST THE FIRST WEEK ALONE YOU LOSE AS MUCH AS 1½ TO 2 POUNOS OF BOTH FLUIO ANO FAT EVERY 24 HOURS!

Direct from the pages of medical journals and leading American magazines come reports of an incredible "fat burning" breakthrough by medical researchers at one of Boston's foremost medical schools! Reports of a new "crash-loss" program (featuring a remarkable natural substance) that safely yet surely steps up FAT-BURNING METABOLISM . . . forces your system to ATTACK bulging pockets of fat . . . and starts to shrink and burn that fat in just a matter of hours!

Yes, from one of New England's leading medical centers comes the new SUPER FAT-BURNER way to turn up your "inner furnace" . . . unlock those clinging pockets of fat . . . break them down SO FAST . . . you burn off excess bulge at the unbelievable rate of up to **6 POUNOS of both fluid and fat GONE the very first weekend alone!**

Think of it! You actually burn away more fat each 24 hours than if you ran 12 to 14 miles a day! Lose more inches each week than if you did 300 sit-ups each morning and 300 push-ups each night! Actually LOSE as much as A FULL SIZE THE FIRST 7 OAYS . . . **and from 3 to 5 inches off your waistline the very first month!**

That's right! Weight-loss results and inches-off wonders that absolutely stagger the imagination. Just look:

U.S. ARMY OFFICERS LOSE WEIGHT 3 TIMES FASTER THAN EVER BEFORE!

Case History #1: When medical researchers in Boston, New York, Philadelphia and Los Angeles first tested this new hi-amino concept on a scientific weight-loss program . . . they reported astonishing results of as much as 12 POUNOS LOST IN JUST THE FIRST 7 OAYS! — 16 to 1B pounds gone by the end of week number two — and most mind-boggling of all — U.S. Army Officers actually losing weight 3 times faster than ever before! As much as 50 POUNOS GONE, like that!

WAISTLINES SHRINK UP TO 3 INCHES IN 7 OAYS — A FULL 5 INCHES SMALLER IN A SINGLE MONTH!

Case History #2: When first rumors of this medical breakthrough leaked out to professional actors, actresses and celebrities . . . they immediately rushed to the offices of America's leading weight-loss specialists to get their hands on this "magic compound"; and no wonder! Because the first week alone they carved away as much as 2 pounds a day . . . 13 pounds a week . . . were forced to take in their belts 3 notches smaller in just 10 days!

OOCTORS REPORT: AVERAGE LOSS — 57 POUNOS!

Case History #3: But most significant of all . . . when universities, hospitals and medical schools, (such as New York's Leading Medical School and Cleveland's largest hospital) tested this newly discovered "crash-loss" program on patients who all their lives had been hopelessly overweight . . . they reported astonishing losses of as much as 2 pounds a day at the start . . . 20 to 30 pounds a month . . . as much as 70 pounds lost over a single summer season! — by simply stepping up their fat-burning metabolism and **burning, melting, oxidizing** 50, 70, 100 pounds of hard-set fat . . . FASTER, SURER than they had ever dreamed possible!

WORKS LIKE "POWOERED HEAT" — MAKES YOUR INNER FURNACE BREAK OOWN BOOY FATI

What is this wondrous new development that helps safely stimulate fat-burning metabolism and shrink your body's fat cells the moment it starts working in your system? It is a totally new concept in the war against fat An ANTI-FAT WEAPON unlike anything you've ever seen, or tried in your life. A FAT-BURNING aid that helps you convert body fat to body fuel AUTOMATICALLY . . . and EVAP-ORATE excess pounds and inches starting the very first day!

Think of it! A medically proven formula that is such an effective reducing aid . . . that when combined with the food you eat on this "crash-loss" program . . . **burns off as much fat each 24 hours as if you jogged up to 14 miles a day . . . or played 3 hours of tennis in the most brutal heat!**

The name of this wondrous amino formula is "THERA-SLIM-100" and here is precisely how you use it to win the body and figure of your dreams as you:

LOSE UP TO 4 TO 6 INCHES OFF YOUR WAISTLINE
LOSE UP TO 2 TO 5 INCHES OFF YOUR HIPS
LOSE UP TO 3 INCHES OFF YOUR THIGHS
LOSE UP TO 4 INCHES OFF YOUR BUTTOCKS
LOSE UP TO 4 INCHES OFF YOUR STOMACH

and as we've said before, starting not in weeks, but in mere days.

HELPS YOUR BOOY CONVERT STOREO UP FAT TO BURNEO UP ENERGY! At this very moment — having read this far — you are but one short step away from LIFETIME IMMUNITY TO FAT! Now comes your FINAL GIANT STEP into a whole new world of LIFETIME SLIMNESS.

Of course, there is one thing you must keep in mind. With the "THERA-SLIM-100" way to LIFETIME SLIMNESS you cannot gorge yourself on all sorts of fattening foods, candies and desserts. Not that you'd ever want to, because with "THERA-SLIM-100" — due to your new, stepped up metabolism — besides enormous weight-loss you also experience a loss of hunger. Which makes it one of the easiest ways to lose weight fast. Now here's how simple it is:

STEP #1 — YOU EAT

In addition to the wide and tasty selection of food you enjoy morning and night, (all scientifically programmed to help maintain a high-level of FAT BURN-OFF) . . .

STEP #2 — YOU TAKE "THERA-SLIM-100" hi amino compound.

Once a day, you take "THERA-SLIM-100" in a glass of water, (just like refreshing fruit juice). This hi-amino intake helps keep the fat-burning chain-reaction going ALL 24 HOURS OF THE OAY — NON STOP!

STEP #3 — YOU HAVE AUTOMATICALLY STEPPED UP YOUR FAT-BURNING METABOLISM — SO YOU AUTOMATICALLY BURN OFF EXCESS WEIGHT!

In virtually no time at all, you make your inner furnace accelerate fat burn-off. Safely, gently, yet surely you cause a gradual change in your fat-burning metabolism as you "rev-up" that inner furnace

The result: Your body begins to eliminate stored-up fat and fluid at a rate so incredibly fast, the very first weekend alone YOU ORAIN AWAY AS MUCH AS 5 OR 6 POUNOS!

In short, with the "THERA-SLIM-100" weight-loss program, you force your body to automatically convert body fat to body fuel . . . automatically shrink fatty cells . . . drain off excess flab . . . flush it right out of your system ONCE ANO FOR ALL!

Never before has medical science offered you a surer, faster, more effective weight-loss method, (short of total fasting) than this super fat-burning breakthrough developed at one of Boston's Leading Medical Schools.

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REMEMBER: You must see dramatic results in just 24 hours — results you can measure with both your scale and your tape measure . . . you must lose:

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IF YOU READ NOTHING ELSE — READ THIS!

What you see on this page is the announcement of the latest breakthrough by medical science in the war against fat Oeveloped at one of Boston's leading medical schools, the incredible weight-loss results this new "crash-burn" program delivers are so astonishing (average loss 57 lbs.) it has been featured in every leading medical journal given headline coverage in the medical news columns of many major newspapers Aside from — ABSOLUTE STARVATION — there is no surer, faster, more effective way to slash away pounds and inches than with this Boston medical school discovery.

However, before starting we advise you to consult with your physician to be sure you are in normal health and your only problem is excess weight. Individuals with gout, heart disease, diabetes or pregnant women should not use it at all. As a matter of fact, we insist that you show this entire program to your family physician . . . have him check you regularly to make sure you're not losing too much, too fast . . . and advise when you've lost enough See if he doesn't agree that the "THERA-SLIM-100" road to Lifetime Slimness, including the recommended progressive daily toneup, isn't by far the most effective approach to the conquest of excess weight ever developed by medical science.

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Please rush me the offer I have checked below. If not delighted, I may return it in 10 days and you will refund the full purchase price (except postage & handling, of course).

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Cheer!

"Who can tell us where God lives?" the Sunday school teacher asked the children. "I know where," one youngster responded. "In our bathroom. That's where he lives!"

"Very strange," the teacher declared. "What makes you say that?"

"Well," the child said, "each morning my dad bangs on the bathroom door and yells, 'My God, are you still in there?'"

★ ★ ★

A Pennsylvania Quaker, bedecked in traditional long coat and wide-brimmed hat, sold a stranger a horse at a very moderate price. Delighted with his bargain, the stranger drove away, only to discover a few minutes later that the horse developed a limp. He wheeled about and returned to the Quaker's farm.

"I cannot permit thee to give back the horse," the Quaker told him nervously.

"I don't want to," grinned the man. "Just lend me your hat and coat until I sell him to somebody else."

★ ★ ★

A lawyer and his wife were taking a cruise. The ship ran into a storm and the lawyer fell overboard.

Almost immediately eight sharks formed a two-lane escort for the guy and helped him all the way back to the ship. "It was a miracle," the lawyer told his wife. "No," she said, "just professional courtesy."

★ ★ ★

"What's your job?" asked the cannibal chief.

"I am editor of the city paper," replied the captive.

"Good," smiled the cannibal. "Tomorrow you be editor in chief."

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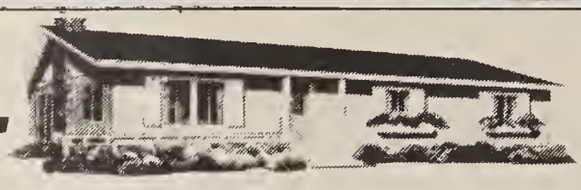

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Miles sent the blueprints, pre-cut materials, step-by-step instructions and assistance in getting some foundation materials Jack needed. Miles kept the monthly payments low while Jack built.

This is the house Jack built...The Miles Way. It can be your way to begin a new life.

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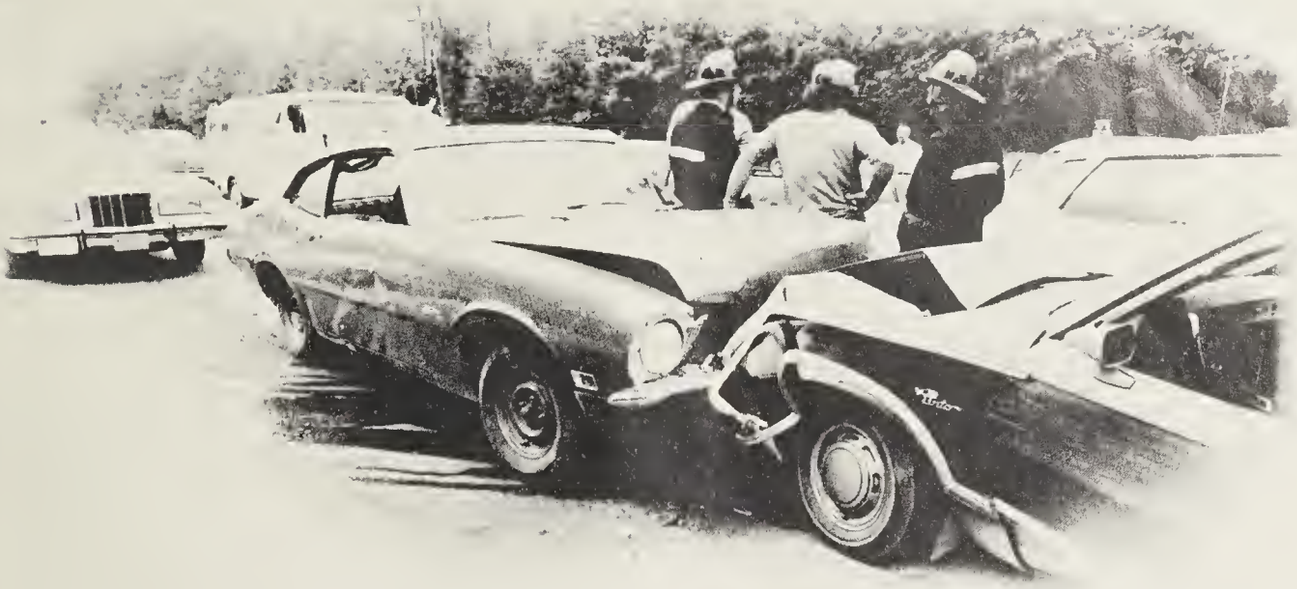

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